

How to get involved! Please print off this form and return to us

Tick as appropriate and provide contact details:

- Join the volunteer group: Gain valuable experience seed collecting, working in tree nurseries, tree planting and harvesting berries, nuts, leaves, roots and bark. Please join also so we can keep you updated.
 - I would like to volunteer with Trees for Health.
- Donate: All donations will go directly towards our stated aims.
 - I enclose a donation of £ _____
 - I would like to set up a monthly standing order of £ _____ (We will contact you with details).
- Adopt a Tree: For £10 we will plant a tree in your name (or in a friend's name as a gift). We will tell you the species and location and can take you to visit the site.
 - I would like to adopt a tree in this name _____

Your Details - everyone please complete:

Name:

Address:

Telephone Number:

Email:

Return form / More information:

Trees for Health, The Dovecote, Sandwell Manor, Harberton,
Totnes, TQ9 7LN. **01803 867018 or 0845 456 9325**