



TREES FOR HEALTH

Education for Primary Schools

**An opportunity for seasonal tree activities in schools
- healthy for children & the school grounds!**



- **Tree planting**
- **Seed collecting**
- **Tree nurseries**
- **Tree care**

Trees for Health are offering a range of tree-based workshops for primary school children in South and East Devon. The workshops combine practical activities and games that will inspire and educate children about trees and the environment.

Our workshops fit well into the Science section of the National Curriculum under 'life processes and living things' for children in Key Stages 1 & 2. Links can also be made to the mathematics, english, art and design, geography and citizenship sections of the curriculum, particularly in the suggested/potential follow up exercises and activities.

If your school wants to arrange a trip to a local woodland or planting site as part of the workshop, we may be able to assist with coach hire costs through our grant. Workshops can also be contained on school grounds.

What we can offer

Tree Planting workshops (winter):

The Woodland Trust are offering 30 free trees per school as part of their 'Tree for All' project (www.woodland-trust.org.uk/hedge). This includes a resource/learning pack focused on curriculum links for Years 4-6. Trees for Health are offering workshops to help plant the trees involving 1-2 classes of children (any primary age). This can include on site advice for locating, protecting and caring for the trees. If there is no room for planting at your school, it may be possible to help find a nearby site for the trees.

Seed Collecting (autumn):

These workshops are offered to help children identify seeds with their parent tree species and can include educational games, artwork and storytelling. Seed collecting can also be part of a tree planting workshop &/or a workshop to set up a tree nursery. These combined activities present a holistic view to children of tree life cycles and follow up activities can include monitoring germination, growth and different species as they grow into saplings. There are often trees in school grounds that can be used or a trip to a local wood can be arranged to collect a wider range of seed species. When large enough, trees can be planted on school grounds or elsewhere.

Tree Nurseries & Tree Care (all year!):

Once you have trees on site/ in the nursery, we can return & help care for them. This is an important part of learning about trees for children, as young trees will struggle without weeding and care. A spring/summer workshop can incorporate monitoring tree growth and development. In the autumn more seeds can be planted and saplings that are ready can be lifted for planting. Don't worry - if you have surplus trees we will take them away! Trees can also be cared for as part of a gardening club, with teachers or your gardener. Another part of spring/summer/autumn workshops can be learning safely about wild foods from trees and other plants.

To discuss an appropriate workshop for your school, contact:

Liz Turner, Trees for Health: 0845 456 9325 info@treesforhealth.org

For more information about our work visit www.treesforhealth.org

Workshops cost £50 for half a day. This is a subsidised rate thanks to our main funders 'The Ernest Cook Trust'. Other contributors include Awards for All, The Fred Foundation and The Ecology Building Society.